TOPIC; Program planning

Description

You are the training supervisor for a mid-size city.  The city manager and human resource manager meet with you and ask you to design a wellness program for city employees.  The city manager tells you that the city health insurance will be reduced by 20% if the city has a wellness program in place and if they can convince 50% of the employees to actively participate in the program.  There are currently 250 city employees ranging in age from 19 years to 67 years old.  Forty percent of the employees are female and sixty percent are male.  The city manager is concerned about the health of his employees' and he is concerned about the rising cost of insurance.  The human resource manager shares with you that the primary health issues for the city employees have been high blood pressure, diabetes, heart disease, obesity and depression. In the design of your program, clearly identify the problem, include a needs assessment with supporting data, discuss the strategic plan that you want to implement, discuss the goals and objectives of the plan, how you will design the plan, your plan to gather employee support for the program, the estimated cost of program implementation and how you plan to evaluate the program.  Include a diagram or flow chart in your program.  Your plan should be at least two typed pages of documentation, one page for the diagram and one page for the references for a total of at least four pages.  You should follow APA format and include in text citations.