TOPIC; mental health

Description

Go to the Healthy People 2020 website and search for Mental Health and Mental Disorders. After reading the Overview section, pick and note 2 objectives/goals from the list that you feel affect your community and explain why these were chosen. As a nurse, what can you do to help the community move towards this goal?Explain how physical health and mental health are correlated. What impact does each have on the other? Give at least one detailed example of how either a specific physical ailment leads to a breakdown in mental health or how a specific mental health disorder can lead to physical issues.Explain Trauma Informed Care in detail. How you can use Trauma Informed Care to assist a child who has been impacted by trauma?