

APPENDIX

Published Middle Range Theories: 1988–2017

The following academic databases were used in a search for middle range theories: Applied Social Sciences Index & Abstracts (ASSIA), CINAHL Plus with Full Text, Cochrane Library, Health and Psychosocial Instruments (HaPI), Health Reference Center-Academic, MEDLINE (ProQuest), MEDLINE (Web of Science), Nursing and Allied Health Collection, PsycArticles, and PubMed .gov. In articles added to the table, the author introduced the work as a middle range theory, mid-range theory, or middle range nursing theory in the abstract or title. The theory author(s)'s designation was given precedence for the purpose of table composition.

Year	Full Citation (APA)	Name of Theory
1988	Mishel, M. H. (1998). Uncertainty in illness. <i>Image: Journal of Nursing Scholarship</i> , 20(4), 225–232.	Uncertainty in illness
1989	Thompson, J. E., Oakley, D., Burke, M., Jay, S., & Conklin, M. (1989). Theory building in nurse-midwifery. The care process. <i>J Nurse Midwifery</i> , 34(3), 120–130.	Nurse-midwifery
1990	Kinney, C. K. (1990). Facilitating growth and development: A paradigm case for modeling and role-modeling. <i>Issues in Mental Health Nursing</i> , 11, 375–395.	Facilitating growth and development
1991	Burke, S. O., Kauffmann, E., Costello, E. A., & Dillon, M. C. (1991). Hazardous secrets and reluctantly taking charge: Parenting a child with repeated hospitalizations. <i>Image: Journal of Nursing Scholarship</i> , 23(1), 39–45.	Hazardous secrets and reluctantly taking charge
1991	Thomas, S. P. (1991). Toward a new conceptualization of women's anger. <i>Issues in Mental Health Nursing</i> , 12, 31–49.	Women's anger

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Year	Full Citation (APA)	Name of Theory
1991	Reed, P. G. (1991). Toward a nursing theory of self-transcendence: Deductive reformulation using developmental theories. <i>Advances in Nursing Science, 13</i> (4), 64–77.	Self-transcendence
1991	Swanson, K. M. (1991). Empirical development of a middle range theory of caring. <i>Nursing Research, 40</i> (3), 161–166.	Caring
1995	Jezewski, M. A. (1995). Evolution of a grounded theory: Conflict resolution through culture brokering. <i>Advances in Nursing Science, 17</i> (3), 14–30.	Conflict resolution through culture brokering
1995	Lenz, E. R., Supple, F., Gift, A. G., Pugh, L. C., & Miligan, R. A. (1995). Collaborative development of middle-range nursing theories: Toward a theory of unpleasant symptoms. <i>Advances in Nursing Science, 17</i> (3), 1–13.	Unpleasant symptoms
1995	Tollett, J. H., & Thomas, S. P. (1995). A theory-based nursing intervention to instill hope in homeless veterans. <i>Advances in Nursing Science, 18</i> (2), 76–90.	Homelessness-hopelessness
1996	Good, M., & Moore, S. M. (1996). Clinical practice guidelines as a new source of middle-range theory: Focus on acute pain. <i>Nursing Outlook, 44</i> (2), 74–79.	Balance between analgesia and side effects
1998	Good, M. (1998). A middle range theory of acute pain management: Use in research. <i>Nursing Outlook, 46</i> (3), 120–124.	Acute pain management
1997	Acton, G. J. (1997). Affiliated-individuation as a mediator of stress and burden in caregivers of adults with dementia. <i>Journal of Holistic Nursing, 15</i> (4), 336–357.	Affiliated individuation as mediator of stress
1997	Auvil-Novak, S. E. (1997). A middle-range theory of chronotherapeutic intervention for postsurgical pain. <i>Nursing Research, 46</i> (2), 66–71.	Chronotherapeutic intervention for postsurgical pain
1997	Brooks, E. M., & Thomas, S. (1997). The perception and judgment of senior baccalaureate student nurses in clinical decision making. <i>Advances in Nursing Science, 19</i> (3), 50–69.	Perception and judgment of senior baccalaureate student nurses in clinical decision making

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Year	Full Citation (APA)	Name of Theory
1997	Gerdner, L. (1997). An individualized music intervention for agitation. <i>Journal of the American Psychiatric Nurses Association</i> , 3(6), 177–184.	Individualized music intervention for agitation
1997	Olson, J., & Hanchett, E. (1997). Nurse-expressed empathy, patient outcomes, and development of a middle-range theory. <i>Image: Journal of Nursing Scholarship</i> , 29(1), 71–76.	Nurse-expressed empathy and patient distress
1997	Polk, L. V. (1997). Toward a middle-range theory of resilience. <i>Advances in Nursing Science</i> , 19(3), 1–13.	Resilience
1998	Burns, C. M. (1998). A retroductive theoretical model of the pathway to chemical dependency in nurses. <i>Archives of Psychiatric Nursing</i> , 21(1), 59–65.	Pathway to chemical dependency in nurses
1998	Eakes, G. G., Burke, M. L., & Hainsworth, M. A. (1998). Middle-range theory of chronic sorrow. <i>Image: Journal of Nursing Scholarship</i> , 30(2), 179–184.	Chronic sorrow
1998	Good, M. (1998). A middle-range theory of acute pain management: Use in research. <i>Nursing Outlook</i> , 46(3), 120–124.	Acute pain management
1998	Huth, M. M., & Moore, S. M. (1998). Prescriptive theory of acute pain management in infants and children. <i>Journal of the Society of Pediatric Nurses: JSPN</i> , 3(1), 23–32.	Theory of acute pain management in infants and children
1998	Kearney, M. H. (1998). Truthful self-nurturing: A grounded formal theory of women's addiction recovery. <i>Qualitative Health Research</i> , 8(4), 495–512.	Truthful self-nurturing
1998	Levesque, L., Ricard, N., Ducharme, F., Duquette, A., & Bonin, J. (1998). Empirical verification of a theoretical model derived from the Roy Adaptation Model: Findings from five studies. <i>Nursing Science Quarterly</i> , 11(1), 31–39.	Psychological adaptation
1998	Ruland, C. M., & Moore, S. M. (1998). Theory construction based on standards of care: A proposed theory of the peaceful end of life. <i>Nursing Outlook</i> , 46(4), 169–175.	Peaceful end of life
1999	Jirovec, M. M., Jenkins, J., & Isenberg, M. (1999). Urine control theory derived from Roy's conceptual framework. <i>Nursing Science Quarterly</i> , 12(3), 251–255.	Urine control theory

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Year	Full Citation (APA)	Name of Theory
1999	Smith, A. A., & Friedemann, M. L. (1999). Perceived family dynamics of persons with chronic pain. <i>Journal of Advanced Nursing, 30</i> (3), 543–551.	Perceived family dynamics of persons with chronic pain
1999	Smith, M. J., & Liehr, P. (1999). Attentively embracing story: A middle-range theory with practice and research implications. <i>Scholarly Inquiry for Nursing Practice, 13</i> (3), 205–210.	Attentively embracing story
2000	August-Brady, M. (2000). Prevention as intervention. <i>Journal of Advanced Nursing, 31</i> (6), 1304–1308.	Prevention as intervention
2000	Doornbos, M. M. (2000). King's systems frameworks and family health: The derivation and testing of a theory. <i>The Journal of Theory Construction & Testing, 4</i> (1), 20–26.	Family health
2000	Leenerts, M. H., & Magilvy, J. (2000). Investing in self-care: A midrange theory of self-care grounded in the lived experience of low-income HIV-positive White women. <i>Advances in Nursing Science, 22</i> (3), 58–75.	Self-care
2000	Meleis, A. I., Sawyer, L. M., Im, E. O., Hilfinger Messias, D. K., & Schumacher, K. (2000). Experiencing transitions: An emerging middle-range theory. <i>Advances in Nursing Science, 23</i> (1), 12–28.	Experiencing transitions
2000	Sanford, R. C. (2000). Caring through relation and dialogue: A nursing perspective for patient education. <i>Advances in Nursing Science, 22</i> (3), 1–15.	Caring through relation and dialogue
2001	Engebretson, J., & Littleton, L. Y. (2001). Cultural negotiation: A constructivist-based model for nursing practice. <i>Nursing Outlook, 49</i> (5), 223–230.	Cultural negotiation
2001	Hills, R. G. S., & Hanchett, E. (2001). Human change and individuation in pivotal life situations: Development and testing the theory of enlightenments. <i>Visions, 9</i> (1), 6–19.	Enlightenments
2001	Kearney, M. H. (2001). A grounded formal theory of women's experience of domestic violence. <i>Research in Nursing & Health, 24</i> (4), 270–282	Women's experience of domestic violence

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Year	Full Citation (APA)	Name of Theory
2001	Kolcaba, K. (2001). Evolution of the mid range theory of comfort for outcomes research. <i>Nursing Outlook, 49</i> (2), 86–92.	Comfort
2001	Woods, S. J., & Isenberg, M. A. (2001). Adaptation as a mediator of intimate abuse and traumatic stress in battered women. <i>Nursing Science Quarterly, 14</i> (3), 215–221.	Adaptation as a mediator of intimate abuse and traumatic stress in battered women
2001	Wuest, J. (2001). Precarious ordering: Toward a formal theory of women's caring. <i>Health Care for Women International, 22</i> , 167–193	Precarious ordering—women's caring
2002	Barnes, S., & Adair, B. (2002). The cognition-sensitive approach to dementia: Parallels with the science of unitary human beings. <i>Journal of Psychosocial Nursing and Mental Health Services, 40</i> (11), 30–37.	Cognition-sensitive approach to dementia
2002	Roux, G., Dingley, C. E., & Bush, H. A. (2002). Inner strength in women: Metasynthesis of qualitative findings in theory development. <i>Journal of Theory Construction and Testing, 6</i> (1), 86–93.	Inner strength in women
2002	Smith, C. E., Pace, K., Kochinda, C., Kleinbeck, S. V. M., Koehler, J., & Popkess-Vawter, S. (2002). Caregiving effectiveness model evolution to a midrange theory of home care: A process for critique and replication. <i>Advances in Nursing Science, 25</i> (1), 50–64.	Caregiving effectiveness
2002	Whittemore, R., & Roy, C. (2002). Adapting to diabetes mellitus: A theory synthesis. <i>Nursing Science Quarterly, 15</i> (4), 311–317.	Adapting to diabetes mellitus
2003	Dorsey, C. J., & Murdaugh, C. L. (2003). The theory of self-care management for vulnerable populations. <i>The Journal of Theory Construction & Testing, 7</i> (2), 43–49.	Self-care management for vulnerable populations
2003	Lawson, L. (2003). Becoming a success story: How boys who have molested children talk about treatment. <i>Journal of Psychiatric and Mental Health Nursing, 10</i> , 259–268.	Becoming a success story
2003	Tsai, P. F. (2003). A middle-range theory of caregiver stress. <i>Nursing Science Quarterly, 16</i> (2), 137–145.	Caregiver stress

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Year	Full Citation (APA)	Name of Theory
2003	Tsai, P., Tak, S., Moore, C., & Palencia (2003). Testing a theory of chronic pain. <i>Journal of Advanced Nursing</i> , 43(2), 158–169.	Chronic pain
2004	Dunn, K. S. (2004). Toward a middle-range theory of adaptation to chronic pain. <i>Nursing Science Quarterly</i> , 17(1), 78–84.	Adaptation to chronic pain
2004	Mefford, L. C. (2004). A theory of health promotion for preterm infants based on Levine's conservation model of nursing. <i>Nursing Science Quarterly</i> , 17(3), 260–266.	Health promotion for preterm infants
2004	Walton, J., & Sullivan, N. (2004). Men of prayer: Spirituality of men with prostate cancer. <i>Journal of Holistic Nursing</i> , 22(2), 133–151.	Spirituality
2005	Dunn, K. S. (2005). Testing a middle-range theoretical model of adaptation to chronic pain. <i>Nursing Science Quarterly</i> , 18(2), 146–156.	Adaptation to chronic pain
2006	Johansson, I., Hildingh, C., Wenneberg, S., Fridlund, B., & Ahlström, G. (2006). Theoretical model of coping among relatives of patients in intensive care units: A simultaneous concept analysis. <i>Journal of Advanced Nursing</i> , 56(5), 463–471.	Relatives' coping approaches
2006	Johnson, M. E., & Delaney, K. R. (2006). Keeping the unit safe: A grounded theory study. <i>Journal of the American Psychiatric Nurses Association</i> , 12(1), 13–21.	Violence prevention
2006	Peters, R. M. (2006). The relationship to racism, chronic stress emotions, and blood pressure. <i>Journal of Nursing Scholarship</i> , 38(3), 234–240.	Chronic stress emotions
2006	Register, M. E., & Herman, J. (2006). A middle range theory for generative quality of life for the elderly. <i>Advances in Nursing Science</i> , 29(4), 340–350.	Generative quality of life for the elderly
2007	Bu, X., & Jezewski, M. A. (2007). Developing a mid-range theory of patient advocacy through concept analysis. <i>Journal of Advanced Nursing</i> , 57(1), 101–110.	Patient advocacy
2007	Chen, H., & Boore, J. (2007). Establishing a super-link system: Spinal cord injury rehabilitation nursing. <i>Journal of Advanced Nursing</i> , 57(6), 639–648.	Super-link system for rehabilitation

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Year	Full Citation (APA)	Name of Theory
2007	Orticio, L. P. (2007). Sensing presence and sensing space: A middle range theory of nursing. <i>Insight (American Society of Ophthalmic Registered Nurses)</i> , 32(4), 7–11.	Sensing presence and sensing space
2007	Penrod, J., Yu, F., Kolanowski, A., Fick, D. M., Loeb, S. J., & Hupcey, J. E. (2007). Reframing person-centered nursing care for persons with dementia. <i>Research and Theory for Nursing Practice: An International Journal</i> , 21(1), 57–72.	Person-centered nursing care for persons with dementia
2007	Shanley, E., & Jubb-Shanley, M. (2007). The recovery alliance theory of mental health nursing. <i>Journal of Psychiatric & Mental Health Nursing</i> , 14(8), 734–743.	Recovery alliance
2008	Janes, N., Sidani, S., Cott, C., & Rappolt, S. (2008). Figuring it out in the moment: A theory of unregulated care providers' knowledge utilization in dementia care settings. <i>Worldviews on Evidence-Based Nursing</i> , 5(1), 13–24.	Unregulated care providers' knowledge utilization in dementia care settings
2008	Christie, J., Poulton, B. C., & Bunting, B. P. (2008). An integrated mid-range theory of postpartum family development: A guide for research and practice. <i>Journal of Advanced Nursing</i> , 61(1), 38–50.	Post-partum parent development
2008	Covell, C. L. (2008). The middle-range theory of nursing intellectual capital. <i>Journal of Advanced Nursing</i> , 63(1), 94–103.	Nursing intellectual capital
2008	Kelly, C. W. (2008). Commitment to health theory. <i>Research and Theory for Nursing Practice</i> , 22(2), 148–160.	Commitment to health
2009	Murrock, C., & Higgins, P. A. (2009). The theory of music, mood and movement to improve health outcomes. <i>Journal of Advanced Nursing</i> , 65(10), 2249–2257.	Music, mood and movement to improve health outcomes
2009	Ryan, P., & Sawin, K. J. (2009). The individual and family self-management theory: Background and perspectives on context, process and outcomes. <i>Nursing Outlook</i> , 57, 217–225.	Individual and family self-management
2010	Davidson, J. E. (2010). Facilitated sensemaking: A strategy and new middle-range theory to support families of intensive care unit patients. <i>Critical Care Nurse</i> , 30(6), 28–39.	Facilitated sensemaking

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Year	Full Citation (APA)	Name of Theory
2010	Hodges, H. F., Troyan, P. J., & Keeley, A. C. (2010). Career persistence in baccalaureate-prepared acute care nurses. <i>Journal of Nursing Scholarship, 42</i> (1), 83–91.	Career persistence
2010	Reimer, A. P., & Moore, S. M. (2010). Flight nursing expertise: Towards a middle-range theory. <i>Journal of Advanced Nursing, 66</i> (5), 1183–1192.	Flight nursing expertise
2010	Rasanen, P., Kanste, O., & Kyngas, H. (2010). Self-care of home-dwelling elderly: Testing the main structure of a middle-range theory. <i>Hoitotiede, 22</i> (3), 218–230.	Self-care of home-dwelling elderly
2010	Trimm, D. R., & Sanford, J. T. (2010). The process of family waiting during surgery. <i>Journal of Family Nursing, 16</i> (4), 435–461.	Maintaining balance during the wait
2011	Dobratz, M. C. (2011). Toward development of a middle-range theory of psychological adaptation in death and dying. <i>Nursing Science Quarterly, 24</i> (4), 370–376.	Psychological adaptation in death and dying
2012	Dyess, S. M., & Chase, S. K. (2012). Sustaining health in faith community nursing practice: Emerging processes that support the development of a middle-range theory. <i>Holistic Nursing Practice, 26</i> (4), 221–227.	Sustaining health in faith community nursing practice
2012	Riegel, B., Jaarsma, T., & Strömberg, A. (2012). A middle-range theory of self-care of chronic illness. <i>Advances in Nursing Science, 35</i> (3), 194–204.	Self-care of chronic illness
2013	Elo, S., Kääriäinen, M., Isola, A., & Kyngäs, H. (2013). Developing and testing a middle-range theory of the well-being supportive physical environment of home-dwelling elderly. <i>Scientific World Journal, 30</i> (4), 323–331.	Well-being supportive physical environment of home-dwelling elderly
2013	Phillippi, J. C., & Roman, M. W. (2013). The motivation-facilitation theory of prenatal care access. <i>Journal of Midwifery & Womens' Health, 58</i> (5), 509–515.	Prenatal care access
2014	Carr, J. M. (2014). A middle range theory of family vigilance. <i>Medical Surgical Nurses, 23</i> (4), 251–255.	Family vigilance

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Year	Full Citation (APA)	Name of Theory
2014	García-Fernández, F. P., Agreda, J. J. S., Verdú, J., & Pancorbo-Hidalgo, P. L. (2014). A new theoretical model for the development of pressure ulcers and other dependence-related lesions. <i>Journal of Nursing Scholarship, 46</i> (1), 28–38.	Development of pressure ulcers and other dependence-related lesions
2014	Love, K. (2014). A midrange theory of empowered holistic nursing education: A pedagogy for a student-centered classroom. <i>Creative Nursing, 20</i> (1), 47–58.	Empowered holistic nursing education
2014	Morse, J. M., Pooler, C., Vann-Ward, T., Maddox, L. J., Olausson, J. M., Roche-Dean, M., . . . Martz K. (2014). Awaiting diagnosis of breast cancer: Strategies of enduring for preserving self. <i>Oncology nursing forum, 41</i> (4), 350–359.	Awaiting diagnosis: Enduring for preserving self
2014	Pickett, S., Peters, R. M., & Jarosz, P. A. (2014). Toward a middle-range theory of weight management. <i>Nursing Science Quarterly, 27</i> (3), 242–247.	Weight management
2015	Beck, C. T. (2015). Middle range theory of traumatic childbirth: The ever-widening ripple effect. <i>Global Qualitative Nursing Research, 2</i> , 1–13.	Traumatic childbirth
2015	Camargo-Sanchez, A., Nino, C., Sanchez, L., Echeverri, S., Gutierrez, D. P., Duque, A.F., . . . Vargas, R. (2015). Theory of inpatient circadian care (TICC): A proposal for a middle-range theory. <i>The Open Nursing Journal, 9</i> , 1–9.	Theory of inpatient circadian care (TICC)
2015	Fearon-Lynch, J., & Stover, C. M. (2015). A middle-range theory for diabetes self-management mastery. <i>Advances in Nursing Science, 38</i> (4), 330–346.	Diabetes self-management mastery
2015	Forsberg, A., Lennerling, A., Fridh, I., Karisson, V., & Nilsson, M. (2015). Understanding the perceived threat of the risk of graft rejections: A middle-range theory. <i>Global Qualitative Nursing Research, 2</i> , 1–9, doi:10.1177/2333393614563829	Perceived threat of the risk of graft rejections
2015	Payne, L. K. (2015). Toward a theory of intuitive decision-making in nursing. <i>Nursing Science Quarterly, 28</i> (3), 223–228.	Intuitive decision-making in nursing

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Year	Full Citation (APA)	Name of Theory
2015	Perry, D. J. (2015). Transcendent pluralism: a middle-range theory of nonviolent social transformation through human and ecological dignity. <i>Advances in Nursing Science</i> , 38(4), 317–329.	Transcendent pluralism
2016	DiMaria-Ghalili, R. A. (2016). Development of an integrated theory of surgical recovery in older adults. <i>Journal of Nutrition in Gerontology and Geriatrics</i> , 35(1), 1–14.	Integrated theory of surgical recovery in older adults
2016	Dobratz, M. C. (2016). Building a middle-range theory of adaptive spirituality. <i>Nursing Science Quarterly</i> , 29(2), 146–153.	Adaptive spirituality
2016	Walter, R. R. (2016). Emancipatory nursing praxis: A theory of social justice in nursing. <i>Advances in Nursing Science</i> , 40(3), 223–241.	Emancipatory nursing praxis
2017	Bloc, A. C. (2017). A middle-range explanatory theory of self-management behavior for collaborative research and practice. <i>Nursing Forum</i> , 52(2), 138–146.	Self-management behavior for collaborative research and practice