## CNS 405 GROUP COUNSELLING SKILLS

**GROUP THERAPY EVALUATION RUBRIC**

**Student’s Name: \_\_\_\_\_\_\_\_\_\_\_\_ Instructor’s Name: \_\_\_\_\_\_\_\_\_\_\_\_**

**APA Format**

* Group therapy paper formatand all direct quotes from various primary and/or secondary sources and paraphrases are noted by citing according to the APA.

\_\_\_\_/10%

**Clarity of the writing**

* The grammatical structure of the group therapy paper flows and is easily read because of smooth transitions from paragraph to paragraph. There is a clear cut introduction, body, and conclusion. Thoughts are expressed in a coherent and logical manner. The sequence of topics is in logical order.

\_\_\_\_/30%

**Knowledge of group constructs and theory**

* Student demonstrates knowledge of major group development stage theories and frameworks, including group members’ roles and behaviours, therapeutic factors of group work, group facilitation skills, styles, and approaches, and constructive methods for processing change and conflict in groups.
* Student demonstrates knowledge of group work commonalities, distinguishing characteristics, and pertinent research and literature.
* Student makes excellent use of primary and secondary group counselling recourses. He/she cites references from the text and utilizes a minimum of six (6) additional professional scholarly peer-reviewed journal article and books that address the subject matter related for the assignment.

\_\_\_\_/40%

**Experiential knowledge**

* Student has offered thoughtful reflection and meaningful insights on key points from each set of assigned readings and corresponding class discussions that demonstrates an understanding of the knowledge base of key concepts related to group counseling.
* Student offers thoughtful reflection on the experiential portion of the class and on the self-exploration group therapy that addresses personal experience of being a group member, a group leader, and a process observer that reflects a sound understanding of the skills and practices related to group counseling.

\_\_\_\_/ 20%

**TOTAL**: \_\_\_\_\_\_\_\_ / 100%

**COMMENTS:**