**The CIPD Profession Map**

The Map defines the building blocks of effective people management practice across ten professional specialisms, and describes eight fundamental behaviours that underpin good practice regardless of specialism. The Profession Map is flexible, so you can choose to focus on your area of work, the level of accountability you have in your role, and your career development ambitions.

**My CPD Map**

This is a tool you can use to assess yourself against the CIPD Profession Map and provides guidance for a variety of personalised development options. This tool helps you focus on the areas of the Profession Map that are relevant to your area of work and your career development ambitions.

**PDP (Personal Development Plan)**

Personal development planning is the process of creating an action plan for personal development within the context of any career, education, relationship, or for self-improvement. Later in this unit you will be using the knowledge and skills gained from the CIPD Profession Map and My CPD Map to create your own PDP.