|  |
| --- |
| Case Study |
| Emily Peters is a 24 year old woman who was admitted to the psych unit through the emergency department following an attempted suicide. The emergency team have asked that she be monitored closely. This is her second attempt at suicide, and she stated that she had an older brother who died by suicide when he was 21. She was 14 at the time. Emily has a complex history of major depression and anorexia nervosa. She is separated from her husband and has a son (aged 7) that has been having difficulty at school. The following questions relate to the case study. |

**Question 1 (9 Marks) 350 words maximum**

**a. State four Early Warning signs of an eating disorder (2)**

**b. State 3 nursing goals when working with a consumer with an eating disorder and provide rationales for each. (3)**

**c. State what you would consider to be 4 reasonable nursing interventions for a consumer with an eating disorder, and provide rationales for each (4)**

**Question 2 (10 Marks) 400 words maximum**

Upon arrival Emily appears hesitant to talk and engage with staff. You approach her and begin the clinical interview. She says that she wants to leave as she feels that the government is constantly watching her, even whilst she is hospital, and is secretly planning to take her child off her. She feels that the government can, in fact, read her mind and are recording her thoughts in their secret facility in parliament house. They are planning to use her thoughts to build a case to take her son. Emily also stated that she has been feeling pains in her stomach, but felt that this was due to the government using the NBN to cause her pain so she will just give up and relinquish control of her son to them.

a. Describe in detail, the process of the clinical interview: including goals, purposes and describe in detail the mental health assessment. (6)

b. Describe your assessment of her Thought Content, using correct terms. State and define the key descriptive terms to which relate to Emily’s thought content (4)

**Question 3 (5 Marks) 200 words maximum**

Emily eventually confides in you that she was sexually assaulted when she was with her adopted parents. She says she often can see the assault, as if she is an observer looking through a window and she, herself, is being assaulted. This experience always happens straight after dinner at night.

a. How would you describe this reaction (use correct terms and define the terms) (1), then provide a brief description of why this reaction has occurred (1).

As she tells you this, she screams, begins crying and curls up in a ball on the ground. In response to this, Emily starts talking in rhymes and then screams again saying her legs are missing!

b. Describe using the correct terms, her response to telling you about her abuse. State and define the key terms in your description. (3)

**Question 4 (6 Marks) 250 words maximum**

Emily states that she is worried about her younger sister, Briana. She said they live together and now that she (Emily) is hospitalised, she cannot be with Brianna.

Brianna was recently diagnosed with Borderline Personality Disorder. Brianna just sent her a text message, that she is currently in another hospital emergency department, as she had an episode of cutting herself on the back of her legs and it wouldn’t stop bleeding.

Describe 3 nursing priorities for Brianna if you were the nurse looking after her in emergency, including rationales for care.